

# AA STEP 3 WORK

- What is your concept of Higher Power? Is it a traditional God? The collective wisdom of the AA group? The forces of nature? Your own sober self?

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- Where have you tried to exert control in your life, and what would be the benefits of 'letting go' of this control?

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- How will this change your approach to recovery and life in general? What can you do to support this decision in your daily life?

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